

Forty-Seventh Annual Timed Run



LP RUN

In Memory of Jari Vodehnl

Houston's Oldest Running Race - the fifth race in the HARRA spring championship series

The Race: Wednesday April 23, 2014. Run as far as possible for 33 1/3 minutes on a track.

NEW TIMES: All men race @ 6:33 1/3 PM (6:33:20 PM), All Women race @ 7:33 1/3 PM (7:33:20 PM)

LOCATION: Rice University Track/Soccer Stadium, located near Main and University (southeast corner of the Rice Campus). FREE PARKING on campus will be available. Great music and food and an historic t-shirt.

Awards: Overall and Masters for men and women; Top 3 age groups: 12-19, 5 year age groups & 75+

Special Competitions and Awards: Top 2 Clydesdales (195+) and Top 2 Rubens (145+); Top 3 Limericks

NO DUPLICATION OF AWARDS IN RUNNING EVENTS

Early Registration: In Person: Terlingua T.C. Tent, Bayou City Classic 10K, Sat. March 8, 7:30 am – 10:00; Hermann Sq.(in front of City Hall); By Mail – postmarked no later than April 16; Online – Terlinguatrackclub.org

Late Registration: By Mail: postmarked after April 16 (April 21 if Online); In Person – 5:30 Race Day, April 23

Registration Fees: Early - \$28 (HARRA: \$27); Late - \$33 (HARRA: \$32); Students (with ID) and PIM \$15

Note: Entrants are assigned lanes based on age group. Each entrant is responsible for a companion who will keep a total count of each lap completed. Lap Sheets will be provided. Runners must run in their assigned heat to be eligible for team or individual competitions.

Purple Heart: This race benefits Purple Heart - please donate clean shoes and clothes!

TERLINGUA TRACK CLUB – LP RUN ENTRY FORM

Name: _____ Age on 4/23/2014: _____ Sex: M F Clydesdale/Rubens Limerick Competition

Address: _____ City: _____ State: _____ ZIP: _____ E-MAIL _____

Contact Phone #: _____ Name Of Emergency Contact & Phone #: _____

Make check payable and mail to: Terlingua Track Club 11425 32nd Ave. North, Texas City, 77591

Fees: On or Before April 16 After April 16

HARRA Member \$27.00 \$32.00 HARRA Number _____ and Club: _____

All others: \$28.00 \$33.00 \$15.00 for PIM and Students with ID only.

T-Shirt Size: Small Medium Large XL For questions contact dale.lee877@gmail.com

Waiver: I know running a race is potentially hazardous. I will not run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity. In consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release HARRA, Terlingua Track Club, RRCA, Rice University, all sponsors, their representatives and successors, officers, directors, agents and employees, from all claims or liabilities of any kind arising out of my participation in this event from the negligence on the part of the persons named in this waiver.

Signature of entrant (or parent or guardian if under 18) _____ and Date: _____